



Education and Culture  
Lifelong learning programme

„New Family” Association

# LEARNING IN THE PREPARATORY PHASE OF VOLUNTEERING

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## Committed to community 50+

- France: Solidarites Jeunesses
- Lithuania: “Sveikata į namus”
- Turkey: Kaşif Gençlik ve Spor Kulübü Derneği
  
- Exchange of 3 x 5 volunteers

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## Assumptions

- Cooperation with Universities of III Age
- Local and international volunteering
- Creating structures



## Preparation to departure

- Local volunteering
- Language preparation
- IT preparation
- International meetings
- Social meetings with foreigners
- Culture meetings with experts
- Preparation to volunteering activities

## Conclusions:

- Specific way of working with seniors
- Interpersonal workshops
- Self-development, satisfaction and motivation
- Experience after the first exchange
- Support of National Agency
- The beginning of international cooperation
- Development of organization



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Thank you for your  
attention!!!